



## Healthy Weight for the Prevention of Cancer Conference

26<sup>th</sup> March 2020, The Durham Centre

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| 1. Registration  | 9.00-9.20   |
| 2. Welcome and introductions   | 9.20-9.30   |
| <i>Richard Barker</i> – NHS England, North East and Yorkshire Regional Director  |             |
| <i>Professor Paul Johnstone</i> - Public Health England, North of England Regional Director.                               |             |
| 3. Obesity and Cancer  | 9.30-10.10  |
| <i>Professor Annie Anderson</i> - Dundee University  |             |
| <i>Centre for Public Health Nutrition Research.</i>  |             |
| <i>Centre for Research into Cancer Prevention and Screening.</i>   |             |
| 4. Whole Systems Approach to Obesity   | 10.10-10.50 |
| <i>Dr Alison Tedstone</i> - Public Health England, Deputy Director Diet, Obesity and Physical Activity/ Chief Nutritionist |             |
| 5. Coffee Break  | 10.50-11.00 |
| 6. Workshop 1- Prioritisation session  | 11.00-11.30 |
| 7. Primary Care- what does good practice look like?  | 11.30-11.50 |
| 8. Secondary Care-what does good practice look like?   | 11.50-12.10 |

<b>Panel question and answer- morning session</b>	<b>12.10-12.30</b>
<b>Lunch and cookery taster session</b>	<b>12.30-13.20</b>
<b>9. Prehab4Cancer Greater Manchester</b>	<b>13.20-14.10</b>
<b>Dr John Moore- Manchester University, Greater Manchester Cancer Clinical Director for Prehab.</b>	
<b>10. Sleep and obesity.</b>	
<b>Jason Ellis -Northumbria University, Professor in Psychology at Northumbria University &amp; Director of the Northumbria Centre for Sleep Research</b>	<b>14.20-14.50</b>
<b>11. Workshop 2</b>	<b>14.50-15.20</b>
<b>12. Challenging Obesity Stigma</b>	<b>15.20-15.40</b>
<b>Professor Louisa Ells-Teesside University, Professor in Public Health and Obesity &amp; Specialist Advisor to Public Health England</b>	
<b>13. Panel question and answer- afternoon session</b>	<b>15.40-15.50</b>
<b>14. Close and Next Steps</b>	<b>15.50-16.00</b>